

Maywood Public School Breakfast and Lunch Menu

October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
1% White or Flavored Milk Served Daily This Institution is an equal opportunity provider			1 P & J Sandwich Spaghetti with Meat Sauce Green Beans Bread Stick Fruit	2 Mini Waffles Mini Corndogs Mac & Cheese Peas Fruit
5 Sausage Breakfast Pizza Chicken Nuggets Mashed Potatoes with Gravy Dinner Roll Fruit	6 Egg Omelet & Hash Brown Sloppy Joes Potato Wedges Fruit	7 Granola Bar and Yogurt Teriyaki Chicken Spanish Rice Egg Roll Fruit	8 French Toast Scalloped Potatoes & Ham Dinner Roll Fruit	9 Blueberry Muffin and Yogurt Hamburger Pizza California Blend Fruit Cookie
12 Chocolate Muffin Yogurt Breaded Chicken Sandwich Baked Beans Fruit	13 Sausage and Cheese Biscuit Italian Dunkers with Meat Sauce Green Beans Fruit	14 Pancake on a Stick Chicken Penne String Cheese Broccoli Dinner Roll	15 Egg Taco Ham Patty Sandwich Corn Fruit Jell-O	16 NO SCHOOL
19 Granola Bar Yogurt Sweet & Sour Chicken Rice Egg Roll Fruit	20 Mini Waffles Hamburger Sandwich French Fries Fruit	21 Pancake on a Stick Chicken Fried Steak Mashed Potatoes w/ Gravy Dinner Roll Fruit	22 Sausage Gravy Pizza Pulled Pork Sandwich Baked Beans Apple Crisp	23 Blueberry Muffin & Yogurt Cascadia Pizza Broccoli with Cheese Fruit Vanilla Pudding
26 French Toast Rib Sandwich Doritos Corn Fruit	27 Sausage and Cheese Biscuit Chicken Taco Refried Beans Salsa Churro	28 NO SCHOOL	29 P & J Sandwich Hot Ham and Cheese Sandwich Smiley Fries Fruit	30 Pancake on a Stick Chili Cheddar Cheese Stick Carrots and Celery Cinnamon Roll

Maywood Public School is an equal opportunity provider. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.



Breakfast Options: Students have the choice of either a hot breakfast or cold cereal. This choice is offered daily. They must also choose either a fruit cup or juice.



Garden Bar offered 5 days a week. Every school day, Monday through Friday.