

October 2024 Menu



Breakfast every day offers the choice of 3 different cold cereals. All grains offered at breakfast and lunch are whole grain rich. A variety of low fat and fat free milks are offered with breakfast and lunch. The Garden bar is offered to K-12 Students daily. Which includes a variety of fresh vegetables and fruit for the students to choose from.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | 1 Power Bites Ham & Cheese Sliders Peas Fruit Cookie | 2 Scrambled Eggs & Toast Beef Enchiladas Corn Casserole Fruit | 3 Sausage Gravy over Biscuits Cavatina Mixed Vegetables Fruit Dinner Roll | 4 Breakfast Pizza Hot Roast Beef Sandwich Mashed Potatoes with Beef Gravy Green Beans Fruit |
| 7 Oatmeal Hamburger Baked Beans Chips Fruit | 8 Egg Omelet Orange Chicken w/ rice Green Beans Fruit Egg Rolls | 9 Sausage Cheese Biscuit Tuna & Noodle Casserole Broccoli Dinner Roll Fruit | 10 Apple Turn Overs Italian Dunkers California Blend Fruit | 11- <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">No School</p> |
| 14 French Toast Chicken Noodle Soup Grilled Cheese Sandwich Peas Fruit | 15 Donuts Goulash Green Beans Fruit Dinner Roll | 16 Pancake on a stick Ham Patty Sandwich Broccoli w/cheese Fruit | 17 Egg Cheese Biscuit Pulled Pork Sandwich French Fries Fruit | 18 Breakfast Sliders Beef Nachos Refried Beans Fruit |
| 21 P&J Sandwich Rib Sandwich Chips Corn Fruit | 22 Breakfast Burrito Chicken Legs Mashed Potatoes & Gravy Fruit Dinner Roll | 23 Chocolate Chip Waffles Scallop Potatoes & Ham Green Beans Fruit Dinner Roll | 24 Breakfast Pizza Mini Corn Dogs Mac & Cheese Peas Fruit | 25 Scrambled Eggs & Toast Chicken Bacon Ranch Quesadilla Veggie Pasta Salad Fruit |
| 28 Egg & Bacon Biscuit Hamburger Gravy over Mashed Potato's Mixed Veggies Fruit Dinner Roll | 29 Pancakes & Bacon Spaghetti w/meat sauce Green Beans Fruit Cheesy Garlic Bread | 30 Breakfast Pig on Blanket Chicken Penne Glazed Carrots Dinner Roll Fruit | 31 Sausage Cheese Biscuit Chili Cinnamon Roll Cheddar Cheese Stick Carrot & Celery Fruit | 1% White or flavored milk served daily This institution is an equal opportunity provider |

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