

Lunch Menu November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
Garden Bar available Monday through Thursday.	1 Cook's Choice	2 Cavatini Green Beans Fruit Bread Sticks	3 Breaded Pork Patty Broccoli with Cheese Fruit Dinner Roll	4 Beef Nachos Corn Salsa /Black Beans Fruit Churros
7 Breaded Chicken Patty Sandwich Tator Tots Sliced Tomatoes Pickle Slices Fruit	8 Crispitos Cheese Sauce Refried Beans Salsa Fruit	9 Hamburgers Oven Fries Tomatoes Pickle Slices Fruit	10 Spaghetti Green Beans Fruit Bread Sticks	11 Chicken Nuggets Mashed Potatoes With Gravy Fruit Dinner Roll
14 Chicken Penne Casserole Broccoli Fruit Dinner Roll	15 Meatball Subs Smilie Fries Fruit Dessert	16 Chicken Tacos Salsa/Black Beans Spanish Rice Corn Fruit	17 Rib Sandwich Baked Beans Pickle Slices Fruit	18 Thanksgiving Dinner Sliced Turkey Mashed Potatoes w/ Gravy Green Beans Stuffing
21 Italian Dunkers Meat Sauce Cheesy Bread Green Beans Fruit	22 Chicken Quesadillas Salsa/Black Beans Corn Fruit Churros	23 Shredded BBQ Pork Sandwich Baked Beans Pickle Slices Fruit	24 No School Thanksgiving Day	25 No School Thanksgiving Break
28 Mini Corndogs Macaroni and Cheese Peas Fruit	29 Flat Bread Pizza California Blend Fruit Dessert	30 Cold Turkey Sub Tomato Pickle Slices Cole Slaw Fruit		Flavored or non-flavored milk served daily.

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Maywood Public School Cafeteria is excited to announce the addition of a Garden Bar to their lunch menu. The students and staff have the option of additional fruits and vegetables. The choice of a spinach salad or fresh greens. Salad toppings, whole grain croutons and choices of salad dressings are available. If you want to make the Garden Bar your main entre' you may request a 2 ounce cup of chopped meat to top your salad. The Garden Bar is available Monday through Thursday.

